



# Secrets of Healing June Newsletter

“Spiritual Growth Trust and take courage to move forward, knowing that you re not alone and dealy loved for your braveness in doing an earthly journey”

## ~Growing Together: ~

Embracing Growth and Self-Discovery in Relationships

Relationships are based on co-creation and communication, they are about growth. Each relationship that you have whether it is family, friendship, love, or work, all are a reflection of yourself.



We attract relationships through our thoughts and desires, guided by an innate form of the soul that yearns to experience life through co-creation. This profound drive for connection and mutual growth leads us to seek out relationships that reflect our inner aspirations and dreams. Through the process of co-creating with others, we not only enrich our own lives but also contribute to the shared journey of fulfillment. By aligning our intentions with the true desires of our soul, we forge bonds that facilitate both personal and collective evolution, enhancing our understanding of ourselves and the world around us.

When two people meet, there is an energy in the person they encounter that attracted them, creating a connection where each individual's strengths complement the other's weaknesses. As one person begins to grow, the other supports this development, serving as a catalyst for their partner's evolution. However, if one partner advances in their growth while the other remains stagnant, it can create an imbalance in the relationship, leading to conflict. This disparity may result in the end of the relationship, as the growing partner seeks new connections that continue to nurture their development. Consequently, they may be drawn into another relationship that aligns better with their current path and fosters further personal growth. Even through the end of the relationship they both reached the highest level they can get to within that relationship and ending the relationship gives them the opportunity to draw in other relationships to continue their journey of growth.

## Growing Together Continued...

Example: Consider a relationship between Alex and Jamie. When they first met, Alex was drawn to Jamie's confidence and ambition, while Jamie admired Alex's creativity and emotional depth. Initially, their strengths complemented each other perfectly. Alex's creativity inspired Jamie to think outside the box in their career, while Jamie's ambition motivated Alex to pursue their artistic talents more seriously.

As time passed, Alex began to grow significantly in their career, exploring new opportunities and expanding their creative horizons. Jamie, however, remained focused on their original career path, content with the status quo and not seeking further growth. This created an imbalance in their relationship. Alex's newfound success and evolving interests highlighted a gap that Jamie wasn't ready or willing to move forward.

The resulting conflict stemmed from their differences. Alex felt unsupported in their growth, while Jamie felt left behind and insecure about the changes in Alex. Despite attempts to reconcile, the relationship ended because Alex needed a partner who could support and grow.

In conclusion, this dynamic applies to all relationships—whether they be family, friendships, romantic, or professional. Each of us experiences these interactions, consciously or unconsciously, as we navigate the connections in our lives.



## Embracing Change: Unveiling the Impact of the Latest Energies

The month of June brings unexpected experiences. Early on, Gemini's influence adds a playful and effortless success. However, the second week sees tension from Saturn and Pluto, casting a shadow over the mood. From mid-month, emotions intensify, and Neptune's mysterious influence creates a unique ambiance.

Embracing Change Continued...

In the first week of June, the influence of Gemini sets the tone. The atmosphere is relaxed, encouraging you to expand your horizons. On June 3, Jupiter in Gemini forms a trine with Pluto in Aquarius, making it easy to tackle even difficult tasks.



Mercury enters Gemini on June 3 as well, forming a sextile with Neptune just before doing so. On June 4, Mercury conjuncts Jupiter and trines Pluto. The Sun and Venus also conjunct in Gemini on this day. On June 5, the Moon enters Gemini, followed by a New Moon on June 6.

Engage in various conversations with friends and dare to make small talk with strangers. Pick up that book that's been sitting on your bedside table for ages or listen to that podcast you've always wanted to hear. This period is ideal for gaining new ideas, and many things may come more easily than usual. However, Gemini's talkativeness might also lead to confusion amidst the abundance of words. Meditating on your breath can help transform this lively energy into a calm stillness.

In the coming days, the astrological atmosphere will become somewhat tense. On June 8, Venus squares Saturn in Pisces, followed by the Sun on June 9, possibly leading to a somber mood. Mars enters Taurus on June 9 and squares Pluto on June 11. Mercury squares Saturn on June 12 and conjuncts the Sun on June 14, creating an air of tension that could erupt unexpectedly. Things may seem stagnant, making it challenging to form judgments amidst accusations. Some might seek a scapegoat.

The following days are marked by Venus, Mercury, and the Sun transitioning into Cancer. Venus and Mercury make this shift together on June 17, with the Sun following on June 20 (solstice). The wordy and idea-rich Gemini gives way to emotional Cancer, bringing us closer to life's deeper aspects.



These sign changes are significant as they form an exact square with Neptune at the last degrees of Pisces (29°52'). This period is subtle, mysterious, and enchanting, evoking feelings of longing and

Embracing Change Continued...

profound emotional insights. Deep and unusual experiences are possible in both existing and new love relationships.

If you are particularly sensitive, you might feel a mysterious connection to the essence of life during this time. Some may also experience deep loneliness. Try to see these challenging feelings as part of a broader experience that you can navigate. It's important to express and share your emotions with trusted people.



Two days after the solstice, the Capricorn Full Moon, also square to Neptune, intensifies the magical and enigmatic atmosphere. Use this day to connect with those you feel close to, and consider engaging in rituals or ceremonies. Be mindful that the emotional intensity of this time requires attention and care.

On June 26, Mercury trines Saturn, helping to integrate the intense feelings of recent days. Saturn's retrograde, beginning on June 29 and lasting until mid-November, further encourages this integration. Reflect on the year's events so far and place them in a broader context.

Experiences influenced by Neptune this month can feel difficult to categorize on a personal level. Many people find Neptune's transit over personal planets confusing. Given Neptune's slow movement through the zodiac, these transits are rare but typically last several months. They invite you to closely examine your inner life. The more familiar you are with the depths of your soul, the easier it will be to navigate a Neptune transit.

## This Month's Benevolent Being: Archangel Gabriel

Archangel of Communication

Archangel Gabriel, often associated with the moon, birth, and communication, is a powerful and loving messenger of Divine love, wisdom, and guidance. Known as the Archangel of communication, new beginnings, and strength, Gabriel helps individuals tune into and receive messages of Divine love, while also allowing Divine strength, wisdom, and blessings to flow into their lives.

Who is Archangel Gabriel?



Archangel Gabriel Continued...

The name Gabriel in Hebrew means "God is my strength," "The Strong One," or "Hero of God," reflecting the incredible strength and power Gabriel embodies. This archangel assists humanity in discovering their own Divine strength and embodied power.

Although often referred to as female, there is debate about Gabriel's gender. In higher dimensions, gender operates differently, serving more as a quality of energy rather than defining sex as it does in the physical world. Archangels may choose to present themselves with masculine, feminine, or neutral energy, often appearing as pure light and energy.

Gabriel, with a notably feminine essence, is linked to the moon, birth, the element of water and communication. Whether experienced as male or female, Gabriel uses gender to convey specific energies. For instance, Archangel Michael, the angel of protection, typically presents a more masculine energy, whereas Gabriel, the angel of communication, often presents a more feminine energy. Working beyond the constraints of time and space, Gabriel guides and supports individuals in connecting with their inner truth and embodying the highest level of Divine awareness and love available in their lives.

## Secrets of Healing Upcoming Workshops

Please Remember to check out our [Calendar](#) as we Add and Update all month long not only for Secrets of Healing but also by our Community Members.

Below is a list of Secrets of Healing's Upcoming Workshops.



June 16<sup>th</sup> Archangel Gabriel Workshop

June 29<sup>th</sup>, Develop your Intuition  
Psychic/Intuitive Development Workshop 2

