

# Monthly Newsletter

"September is the month where dreams meet determination—where we harvest the seeds we have sown and prepare for the growth yet to come"



### The Building Blocks of Personality

Exploring Sigmund Freud's Stages of Phsycosexual Development

Freud's theory of psychosexual development outlines five distinct stages—oral, anal, phallic, latency, and genital—that he believed are crucial in shaping our personality and psychological growth. He believed that experiences and conflicts during these stages significantly influence our behavior, character, and overall psychological health.

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## This Month's Benevolent Being:

**Archangel Chamuel** 

In the realm of angels, Archangel Chamuel stands out as a beacon of love, compassion, and peace. Known as the "Angel of Pure Love," Chamuel's energy resonates deeply with those seeking emotional healing, inner peace, and divine love in their lives.

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#### **An Astrological Overview**

Astrology enthusiasts are always keen to understand how planetary movements affect different zodiac signs. As we navigate through 2024, let's explore the current astrological events impacting Virgo and what they mean for those born under this versatile and intellectual sign.

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# Secrets of Healing Upcoming Workshops

Please Remember to check our Calendar as we Add and Update all month long, not only for Secrets of Healing but also by our Community Members.

VIEW OUR CALENDAR

In the vast tapestry of life, each day is a new thread in the masterpiece you are creating. Remember that every challenge you face is not a barrier but a stepping stone, each mistake a lesson in disguise. Embrace your journey with courage and optimism, for it is in the pursuit of your dreams, no matter how distant they may seem, that you will discover your true strength and purpose. Trust in your resilience and allow your passion to fuel your path forward. With each small step, you are sculpting a future that is uniquely yours, and your potential is limitless. Keep moving forward with hope and determination, for you are capable of achieving greatness beyond your wildest imagination.